

Dear Parents/Guardians

In the beginning of Term 3, your child will begin the Karingal Primary School swimming program at Kingswim Langwarrin. We are very excited to welcome all the swimmers along with Mums and Dads and any other family members that would like to come along and watch the classes.

In order to make the first class on July 23<sup>rd</sup> 2018 as productive as possible, please take a few moments to fill out the attached form. This form allows us to group all swimmers into classes appropriate to their swimming ability. During the children's first lesson all swimmers will be assessed, to ensure they are in the most appropriate group for their level of swimming development.

Please don't forget to pack in your swim bag each day bathers, a towel and goggles (if worn).

Please return the completed form to your child's classroom teacher by **12/06/18**.

We look forward to seeing you in the pool soon!

Fiona Coates  
Centre Manager  
Kingswim Langwarrin  
[www.kingswim.com.au](http://www.kingswim.com.au)



Karingal Primary School  
July 23<sup>rd</sup> 2018 – July 27<sup>th</sup> 2018

Child's name: \_\_\_\_\_ Age: \_\_\_\_\_ Class: \_\_\_\_\_

My child currently has/had lessons at Kingswim. He/she is currently a K \_\_\_\_ level swimmer.

Please complete below only if your child is **not** a current Kingswim swimmer.

My child has had swimming lessons before: Yes / No

Provider name: \_\_\_\_\_ Current level: \_\_\_\_\_

Please tick...

- ☐ K1 – Complete beginner.
- ☐ K2 – Can put face comfortably in the water, able to kick with a kickboard for several kicks.
- ☐ K3 – Can kick with a board for 3 metres with face in the water and  
Can kick for 3 metres on their back with an aid.
- ☐ K4 – Can kick without a board in a rocket position for 6 metres and  
Can kick on their back for 6 metres with no aid and  
Can do Freestyle arms for 4 cycles.
- ☐ K5 – Can do Freestyle with a kickboard for 6 metres with side breathing and  
Can do Backstroke independently for 6 metres.
- ☐ K6 – Can do Freestyle with correct breathing and Backstroke for 8 metres.
- ☐ K7 – Can do Freestyle and Backstroke for 16 metres continuously with good technique.
- ☐ K8 – Advanced Freestyle and Backstroke while having a basic grasp of Breaststroke.
- ☐ K9 – Advanced Freestyle and Backstroke and has Breaststroke technique.

Is there any other information we should know about your child?

*(i.e. not confident in water where they are unable to touch the bottom of the pool and have their head above water)*

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