



# SUNSMART

## POLICY

### **Rationale:**

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

### **Aims:**

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

### **Implementation:**

- This policy is to be read as part of our Student Dress Code.
- Children will be required to wear Karingal Primary School, logoed broad brimmed hats (at least 6 cm rigid brim) during terms 1 and 4 whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Children without broad brimmed hats will be restricted to playing in designated shaded areas.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+) provided by parents/carers.
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am. and after 3pm. during daylight savings (10am. to 2pm. other times)
- The school council will provide adequate shade structures to use during outdoor activities
- The school will ensure that school uniform broad brimmed hats are available for purchase from the uniform store.
- The school newsletter and school assemblies will be used to highlight and reinforce the sunsmart policy.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Children will be encouraged to wear Australian Standard sunglasses.

### **Evaluation:**

- This policy will be reviewed as part of the school's three-year review cycle.

This policy was last ratified by School Council in November 2014

References: Exec Memo No 99/039,  
Anti-Cancer Council of Victoria ph: 9635 5148

Vic Govt Schools Reference Guide - <http://www.eduweb.vic.gov.au/edulibrary/public/schadmin/environment/4-5.pdf>